



# February 2024



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| <b>Monday 12<sup>th</sup> – Friday 16<sup>th</sup> February</b> | Mid Term Break                              |
| <b>Tuesday 20<sup>th</sup> February</b>                         | REIM Internet Safety Parent Workshop<br>7pm |
| <b>Thursday 22<sup>nd</sup> February</b>                        | Applications to Post Primary Close          |
| <b>Thursday 29<sup>th</sup> February</b>                        | Cumann na mBuscol Quiz – St Conor's PS      |

## CHILDREN'S MENTAL HEALTH WEEK

This week the children have been enjoying an additional focus upon ways to improve their mental health and wellbeing...

This year's theme is Your Voice Matters, and this has been about empowering children and young people by developing in them the tools to express themselves.

We have been so proud of how our pupils have expressed themselves this week and we look forward to continuing to emphasise the important message of talking to others about problems, worries and emotions.

## SAFER INTERNET DAY

This year's theme is Inspiring Change. Making a difference, managing influence, and navigating change online.

We were introduced to this theme at Assembly last week when our Digital Leaders made a presentation to their peers about the importance of Internet Safety.

Throughout the week, classes have been exploring how we can help to be safer online.

## SAFER INTERNET FOR PARENTS

There will be an adult workshop (delivered by REIM) on **Tuesday 20<sup>th</sup> February** at 7pm which aims to educate parents in the practical skills needed to set up parental controls and protect children on-line while using PC/Laptop, Android, or 'I' device.

Knowledge on how to keep children safe while using some of the frequently used social media sites and tips on dealing with cyberbullying will also be provided.

### The programme will cover the following topics:

- Social Networking/ Online Gaming /Online Gambling /Inappropriate material
- Cyberbullying
- "Hot" Web Sites - current sites that may cause concern e.g., Omegle, Monkey
- Computer / Internet Parental Controls to include Set up User Accounts (for individual children), Operating System Controls (age specific), Internet Browser Security, Safe Searching, and Internet Filters

## **FROZEN JR**

Excitement is building as we count towards March and our Year 5-7 production of **FROZEN JR**. The children have been working hard and are looking forward to treading the boards in a few weeks!

The children will perform three shows in total. One show will be a matinee for local schools on Wednesday 20<sup>th</sup> March, followed by an evening performance on the same date and a further evening performance on Thursday 21<sup>st</sup> March.

Tickets will go on sale soon at the price of £6 (adult) and £4 (child). Keep an eye on the school app and Facebook for further details.

Anyone wishing to provide sponsorship for the show can email the school address [info@integratedprimary.omagh.ni.sch.uk](mailto:info@integratedprimary.omagh.ni.sch.uk) with the subject line FROZEN and a member of staff will be in touch.

## **INTEGRATION MONTH**

March is Integration Month and the theme for 2024 in 'Bias Busters'. More details on how we will mark this key time for our school will follow....

As part of Integration Month, the school will be operating **Free Fruit Fridays**. For the first four Fridays in March, the school will provide a free snack for each child at breaktime.

Snacks will include a range of different fruits, as well as some other items such as crackers, breadsticks, yogurts and more!

## **Breakfast Club**

A reminder that Breakfast Club is available for pupils every morning from **8.00am until 8.30am**. Our staff are on hand to provide a wide selection of delicious and nutritious breakfast goodies at a very reasonable price of £1.20 per day, all served with a warm smile!

Perfect for those children who are getting dropped off early and an ideal way to start the day at school.

Breakfast Club can also be booked using the school money app.

**Dropping off at Breakfast Club? PLEASE PARK IN THE MAIN CAR PARK AND AVOID USING THE STAFF CAR PARK.**

## **Sacramental Preparation**

Several Year 4 and Year 7 pupils will receive a sacrament in the coming months. These pupils are working hard to prepare for their First Penance, First Holy Communion or Confirmation.



*Dates are as follows...*

**Penance:** tbc

**First Holy Communion:** Sunday 12<sup>th</sup> May 2024, 12.00pm, Christ the King Church.

**Confirmation:** Saturday 9<sup>th</sup> March 2024, 11am, Christ the King Church.



### **Contact Details**

If you have recently moved house, or changed your mobile phone number, please let Mrs McElduff in the office know, so that details can be updated. This is particularly important in situations where we need to contact parents urgently.

### **After School Activities – Term 2**

Updated info is available in the Pupil Section of the school website.

This includes a timetable of activities and dates as well as links for making bookings.

<https://www.omaghintegratedps.com/pupil-area/after-schools/>

### **Quiz Teams**

A huge well done to the Year 6 and 7 pupils who represented the school so well at the recent Credit Union Quiz held at Omagh Leisure Centre.

Focus now moves on to the Cumann na mBunscol Quiz in February, with 1 team heading to St Conor's PS to pit their wits against local primaries. Good luck girls and boys.

### **Post Primary Applications – YEAR 7 PUPILS**

The online application process for Year 7 pupils to transfer to Post Primary is currently open via the EA Website.

Please note that it is the parent's responsibility to apply for a child to attend a particular school in September 2024.

Applications close on Thursday 22<sup>nd</sup> February 2024.

### **Women's Aid**

Thanks to donations by pupils for Christmas Jumper Day and money collected by our Senior Choir through Carol Singing at Dunnes Stores in December, we were able to donate £500 to Women's Aid. This money will go towards providing support for vulnerable women and their families in the Omagh area.

### **Student Teaching Placements**

Welcome to Miss Rebecca McCutcheon and Miss Megan Blee who have recently commenced their Teacher Training placements in Years 3 and 4 respectively. We are delighted to be supporting both in their training and they will be with us for the coming weeks.

